



POTTAWATTAMIE COUNTY
PUBLIC HEALTH

FOR IMMEDIATE RELEASE

APRIL 23, 2020

POTTAWATTAMIE COUNTY NEW COVID-19 CASES

On Wednesday, April 23, Pottawattamie County Public Health reported two new COVID-19 cases. The total of COVID-19 cases in Pottawattamie County is now twenty. Seventeen individuals have recovered, two are self-isolating at home, and there has been one death.

The two new cases are both in the 41-60 age range, one male and one female. One individual had pre-existing conditions and contact with an existing COVID-19 case. The other individual does not have pre-existing conditions and has not had contact with an existing case. These individuals were tested on April 18 and April 20. Both are self-isolating at home. Pottawattamie County Public Health is conducting the contact tracing investigations and is in communication with the Iowa Department of Public Health.

On April 21, Governor Reynolds announced TestIowa and kicked off the #TestIowaChallenge encouraging all Iowans, regardless of symptoms, to go to www.testiowa.com and complete the assessment. In the first 24 hours nearly 80,000 Iowans completed the assessment.

The best way to protect yourself and others from COVID-19 is to stay at home as much as possible. Only leave home for essential reasons. Do not visit big box stores except for essential grocery and pharmaceutical needs. If you must leave home, practice social distancing, and stay at least six feet away from others. Implement excellent hygiene and disinfectant practices. Wash hands and disinfect frequently touched surfaces multiple times per day. Isolate if you are sick.

If you have COVID-19 symptoms or develop symptoms (fever, cough, shortness of breath), contact your healthcare provider before going to the doctor's office or an emergency room.

COVID-19 Resources:

www.TestIowa.com

[Pottawattamie County EMA COVID-19](#)

[State of Iowa Coronavirus Dashboard](#)

[Iowa Department of Public Health](#)

[Center for Disease Control and Prevention](#)

COVID-19 Hotlines:

Iowa COVID-19 Hotline: 2-1-1 or 1-800-244-7431

Pottawattamie County Emergency Management Agency COVID-19 Hotline: 712-890-5368 or 712-890-5369

Hope 4 Iowa Crisis Hotline: 844-673-4469

Your Life Iowa - Every Day Life Support: Call 855-581-8111 or Text 855-895-8398 or visit www.yourlifeiowa.org

Methodist Health System Hotline and Screening Tool: 402-815-SICK (7425)

CHI Health Hotline: Visit www.chihealth.com for information

Media Contact: Ashley Kruse, Communications Officer, City of Council Bluffs, 712-318-9000